HORIZONS
Residential Care Center

Compassionate Care *for* Exceptional People



2023.2024 ANNUAL REPORT



ABOUT HORIZONS

OUR MISSION

Horizons creates inclusive communities that empower and serve exceptional children and adults through compassionate residential care and extraordinary opportunities.

OUR VISION

Horizons strives for a community where all can realize their unique potential.

OUR VALUES

- Maximizing individual potential
- Dignity, respect, and compassion for all
- Breaking down barriers through advocacy
- Improving Quality of Life
- On-going open and honest dialogue with our community partners
- A better tomorrow!

Greetings,

As I reflect on this past year at Horizons, I am filled with gratitude for the incredible progress we have made together. Each day, our team, families, and supporters work hand in hand to ensure that the children and adults we serve can live lives full of dignity, fulfillment, and joy.

This year has been a transformative one for Horizons. The launch of the Horizons Housing Initiative is perhaps the most significant milestone in our history. We've made incredible progress on the first stage of this building initiative - a dream now becoming reality thanks to the support of Forsyth County, funding from the American Rescue Plan Act (ARPA), and individual investments in our mission.

This project represents more than just bricks and mortar; it embodies our vision of a future where every resident can thrive in a space tailored to their needs—a true home filled with love and belonging.

Even as we embarked on this major initiative, we continued to celebrate the day-to-day moments that make Horizons such a special place. Our days remain grounded in opportunity, care, and purpose. To everyone who has walked alongside us—thank you. Your belief in our mission has made this progress possible, and your continued support will guide us as we continue on this journey.

Together, we are shaping a brighter tomorrow for those who inspire us every day.

Peace, my friends...



Richard Anderson
President/CEO



Richard Anderson
President/CEO

Board of Directors

Mary Beth Palyszeski, Chairperson
Jim DeBauche, Vice Chair
Greg Robins, Secretary
Steven Yarbrough, Treasurer
Beth Bowman, Immediate Past Chair
Kris Bryant
Gladys Christian
Stephanie Cronan
Tahja M. Gaymon
Dr. Millicent Ford
Jim Mabry
Greg Mohler
Robert Warner
Will Grantham
George Stabolitis
Brittney Albert

ASPIRE to Excellence®
carf
ACCREDITED

Accreditation assists service providers to improve the quality of their services and meet internationally recognized standards.

OF COMPASSIONATE CARE

1973

On the campus of the historic Memorial Industrial School, an orphanage for African-American youth, the Junior League of Winston-Salem chartered the first Horizons home for children and adults living with developmental disabilities.



1987

The Horizons Board of Directors break ground on the 30-bed Atrium home in Rural Hall, NC.



1992

Horizons breaks ground on the Arches home in Winston-Salem, NC. The 10-bed home has served as Horizons' primary adult-only facility.



2023

Horizons celebrates its 50th year of service to North Carolinians and launches into the next half-century of extraordinary opportunities and compassionate care.



2024

Horizons breaks ground on its village of 6-bedroom group homes on our campus in Rural Hall.



LIFELONG RESIDENTIAL CARE

Horizons is home to children and adults living with intellectual and developmental disabilities and extensive support needs. We serve the people who live here with dignity, respect, and compassion; and provide a supported living situation that maximizes individual potential. Our around-the-clock staff ensure a safe, structured environment to help them thrive. Horizons serves as the largest Intermediate Care Facility (ICF) in our community, managing almost 90% of all ICF beds in our county! Our 24/7 services are provided at absolutely no cost to families.

INDIVIDUALIZED MEDICAL CARE

With our experienced clinical team, Registered Nurses, consulting physicians, and specialists we have the unique ability to support people living with complex medical conditions. Every person is empowered to actively participate in their healthcare decisions. A 'Person-Centered Care Plan' is collaboratively developed and actively updated with the person, their family, and Horizons' Interdisciplinary Care Team. This approach provides each person with a collection of 'best practices' for care.

COMPREHENSIVE THERAPY SERVICES

From Physical Therapy and Speech-Language Pathology provided on site by Horizons' in-house clinicians; to music, pet, and equine therapies; Horizons believes in the importance of a comprehensive therapeutic care plan. Our Sensory Rooms and library, provide residential care clients with resources necessary to enhance their emotional and physical well-being.

HORIZONS DAY PROGRAM

Horizons Day Programming helps to provide structure to the lives of Residential Care and Respite participants, giving them the opportunity to follow a path of lifelong learning - through exploration of their interests, enrichment of their lives, and development of meaningful skills.

WEEKEND RESPITE SERVICES

Our Weekend Respite Services are a lifeline to caregivers; providing them with temporary relief that helps prevent caregiver burnout and reduces the risk of stress-related health issues. This no-cost service is the only of it's kind in our area! This community-based program provides unique opportunities for participants to socialize with peers through new experiences.

EXTRAORDINARY OPPORTUNITIES

We all deserve a desirable life. We are committed to providing extraordinary opportunities that are cognitively, emotionally, and socially fulfilling. We will continue to break barriers to opportunities - through advocacy.



HORIZONS
HOUSING INITIATIVE

TOGETHER, WE CAN BUILD AN EXTRAORDINARY FUTURE!

Acting in response to the COVID-19 pandemic and the anticipated impact of Olmstead v. L.C., Horizons and it's Board of Directors have taken a proactive response to future challenges. We're building **six new homes** on-campus in Rural Hall to be occupied by our residents. These smaller, more individualized homes will support increased independence, improved health outcomes, and provide top-quality fair housing. The renovation of our existing building, the Atrium, will include creating a step-down medical unit for our most medically fragile residents.



Phase 1
Two 6-Bed Homes

Phase 2
Four 6-Bed Homes

Phase 3
Atrium Renovation

An extraordinary future!

Designed by stakeholders specifically for individuals with disabilities, these smart homes will serve as the new model for North Carolina (and nationwide) provider agencies. Magnolia Construction serves as the general contractor and Workplace Architecture and Design has led the architectural and project management efforts. This development marks the first phase of a multi-stage project, starting with the construction of a pod consisting of two separate 6-bed homes. There is a separate space with accommodations for employees and families. The future phase will involve the development of four additional homes. The homes feature state-of-the-art technology tailored to meet the unique needs of each resident, enhancing independence and quality of life.

The project already possesses significant momentum and funding. Building is underway and the anticipated move in date is Fall 2025. **Forsyth County has invested $1.9 million** into phase 1 through the American Rescue Plan Act of 2021 (ARPA), and the rest of the funding for phase 1 has been secured through private gifts, foundations, and Horizons' investments. Funding activities for Phase 2 and Phase 3 are in progress and will be supported through a future capital campaign.

Complete site map



Open Kitchen, Dining Room, and Living Room



Bedroom Interior





EXTRAORDINARY OPPORTUNITIES



115
Recreational outings for residents per month

140
Meals provided per day



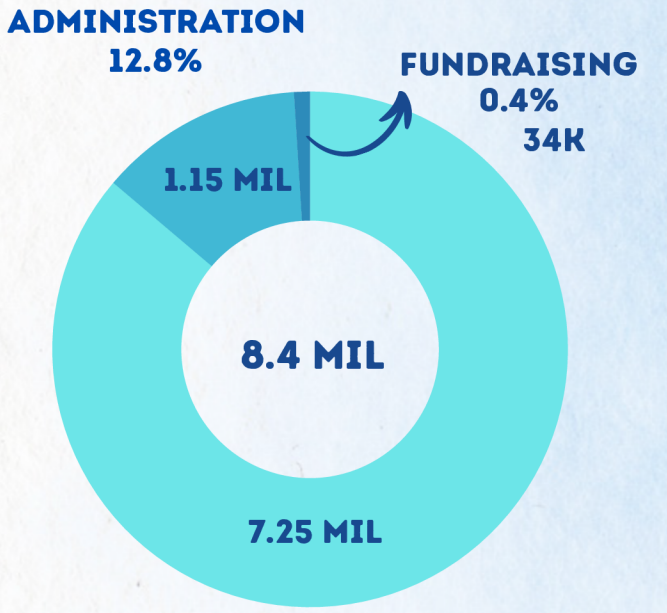


464
Transfers with a mechanical lift per day

FISCAL YEAR 2023 FINANCES

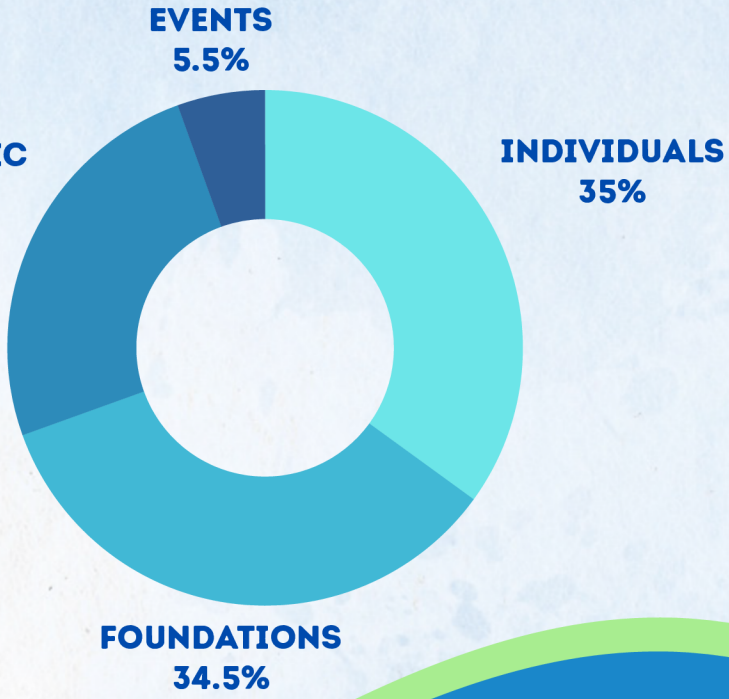
A Pathway to Prosperity...

EXPENSES



2023 marks another year of Horizons continuing down a sustainable pathway of prosperity and stability. Because of this, Horizons Residential Care Center remains committed to increasing our operations, initiating new programs and providing the very best of care for our Residents.

NON-PUBLIC REVENUE





HORIZONS ADMINISTRATION

103 Horizons Lane
Rural Hall, North Carolina 27045
336.767.2411

THE ATRIUM

101 Horizons Lane
Rural Hall, North Carolina 27045
336.767.2411

THE ARCHES

5900 Bethabara Park Boulevard
Winston-Salem, North Carolina 27106
336.661.2190

